

5:45 AM  
April 26, 2020

A personal invitation from Harry Pickens

Dear Spring Energy Event Colleague,

**Thank you for a beautiful, poignant and inspiring experience this weekend.**

After my presentation and your rich and authentic sharing, I found myself feeling hungry for more. More time to connect more deeply. More opportunity to support you in harvesting the life lessons and gifts of your unique journey. More conversations exploring this alchemy of transforming our darkest moments into a light that can shine brightly in service to others.

If you are also feeling this hunger, I'd like to invite you to **From Dark Night To Shining Light: Discovering And Sharing The Gift Of Your Heroic Journey**, a virtual retreat deep dive into the mystery, magic and miracle of your unique journey of transformation.

In **From Dark Night To Shining Light** we will:

- ✓gather together to **explore** and **harvest** our most **significant life experiences**, mining their hidden gold for the **good of the whole**;

- ✓explore **practices** blending energy psychology and applied neuroscience to assist us in **tapping into the beauty, power and magic of our lived experience** so that we may authentically and courageously **share what we have learned** in service to others;

- ✓connect deeply with the **Source of Love and Wisdom within**, expanding our capacity to **hear the still small voice of intuitive insight**; and

√complete our journey together having **awakened to a deeper sense of possibility and purpose** as we re-enter the wider world as instruments of transformation and healing.

Schedule and number of calls to be determined, based on the interest and needs of the group. Estimated start date mid-May 2020. Offered in the spirit of the 'gift economy': pay what you can; let intuition guide you.

I invite you to take a moment right now and ask your own inner wisdom if it would serve you to join us in **From Dark Night To Shining Light**.

If you get a 'yes', email me at [harrycpickens@gmail.com](mailto:harrycpickens@gmail.com) to confirm your interest. I'll be back in touch to get our sessions on the calendar and introduce you to our fellow journeyers.

And whether you choose to join us or not, may you walk in peace, harmony and grace during these interesting times.

*Thank you for the gift of your presence and attention.*

With deep admiration, appreciation and respect,

Harry Pickens  
[harrycpickens@gmail.com](mailto:harrycpickens@gmail.com)