Energy Psychology Resources on a Page

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Recommended Starter Book:

The Promise of Energy Psychology **by David, Donna, & Gary Craig**

2 Brief but Powerful Videos

Link to 10-Minute Snippets of PTSD Treatments with Combat Veterans

Link to 13-Min Excerpt from Phobia Treatment

Theory Papers

Ten Conceptual Papers by David on topics such as anxiety, PTSD, addictions, relationships, disaster relief, choosing the right words, the *energy* of energy psychology, etc.

New Paper on Uses of Energy Psychology in Disaster Relief

Directories of Tapping Practitioners and Trainings

Vets Stress Project (Low Cost or Free EFT Sessions for Veterans)

The Tapping App

After 260,000 plays, the average reduction in anxiety was 41% in 9 minutes.

David's 5-Day Energy Psychology Training September 18-23, 2022

Omega Institute in Upstate New York, for laypeople as well as professionals.

www.EnergyPsychEd.com