



# **SPEAKER & TOPIC PROGRAM**

*April 1-3, 2022*

# SPRING ENERGY EVENT

## *April 1-3, 2022 - 10th Anniversary*



### FRIDAY - APRIL 1

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3:00 pm	WELCOME BACK... We're 10! AFTER... a long wait... we are BACK! - Jondi Whitis
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3:30 pm	<b>Accessing the Energy of Intuition &amp; Guidance</b> As we recover from the loss and isolation of the last two years, our intuition may need some tools to discover the path toward rebuilding our wholeness. The tarot is one means of tapping into our intuition to find out what we may need in order to grow and thrive. This group reading will help us set an intention for our work both collectively and individually and provide reinforcement through the use of energy psychology.
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**Dr. Joe Schippa** is a clinical, coaching, and consulting psychologist in private practice in Briarcliff Manor, New York and the former Director of Pupil Personnel Services for the Edgemont Schools in Scarsdale, New York. In addition to licensure as a psychologist, Joe is an EFT International Accredited Certified Advanced Practitioner. He is also trained in TFT, NLP, Hypnosis, EMDR, Brainspotting, CBT, DBT, IFS, and Reiki. Joe uses the tarot both personally and professionally to tap into unconscious processes in order to facilitate change and personal growth. He earned his Ph.D. in school/clinical psychology from Fordham University and completed his clinical training at Westchester County Medical Center/New York Medical College.

IG @joeschippa | schippa@aol.com | 914.762.4481

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4:45 pm	<b>Use Your Wise-One-Within (WOW)</b> AFTER you've learned EFT, where will you take it? How will you use it to guide your work with clients? This presentation addresses the use of intuition/psychic abilities to assist with guiding your Emotional Freedom Technique (EFT) sessions with clients. It is my belief that all of us have these abilities but may not have developed them due to a multitude of reasons. During class I will explain the Wise-One-Within and Psychic Overawe and guide you through a meditation and exploration of connecting with Spirit. A handout will be provided for you to assess your psychic abilities. Finally, I will demonstrate the use of the WOW-POW Spirit Connection in an EFT session.
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### FRIDAY - APRIL 1



**Dr. Valerie Rice** is a Human Factors Engineer/Ergonomist, Occupational Therapist, Advanced Eden Method Practitioner, Emotional Freedom Technique Practitioner, Mindfulness-based Stress Reduction instructor, and Intuitive. Following her active-duty Army and Army civil servant careers in practice and research, she began practicing and teaching various forms of complementary medicine, as mentioned above. She also teaches a Level 1 Psychic Development Circle w/ Energy Medicine (PDC-EM) introductory course, a Level 2 PDC-EM Leading a Guided Life course and offers readings through connections with Spirit and deceased loved ones.

VitaLifeCenter.com | Valerie@VitaLifeCenter.com  
Facebook: VitaLife Insight & Intuition; Energy Medicine Works;  
Mindfulness Meditation | 210.391.8000

7:00 pm

### Boundless Energy From Embracing What Is



**Dr. Tim Merrick** has been committed to helping patients of all ages and with all manner of health conditions to lead healthier, fuller, lives since 1991. "Dr. Tim" currently runs Alive & Well Chiropractic where his services address all aspects of a healthy lifestyle from spinal and nervous system correction and neuro- and bio-feedback to massage therapy, meditation, and diet. Dr. Merrick, an authority in chiropractic applications of EEG and Neurofeedback, teaches seminars around the country to chiropractors on the subject.

[www.chiroalive.com](http://www.chiroalive.com)

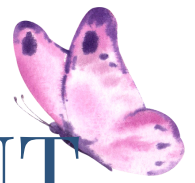
7:30 pm

### Sound Healing Meditation: How All This Began, What Happened Next & How She Found Her Voice

Have you heard the latest phrase, "It's ALL Energy"? Well, IT IS! We are, stuff is, the Earth is, our communications are. Everything is vibration! We will experientially explore the "Healing Energy" of our voice with a few playful activities and you'll come away with some fun tools for your "toolbox" of Life...that can change your life and those around you. You WILL be invited to sound/sing/hum along... sometimes muted and sometimes not, and NOBODY will make fun of the sound you make!

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## FRIDAY - APRIL 1

There are No Wrong Notes, because there are NO Right Notes as we play together with the sounds we can make. Bring your playful, childlike spirit and we'll In Joy our Journey together for a little bit!



**TwinFeathers** has been playing and teaching the "Inner Peace Pipe" (Native flute) since 2000 to all ages (2 and up), and truly knows its gifts. From toning in run-off tubes as a child, to sounding and playing the flute into giant echo chambers around the world, both natural and man-made, Twinfeathers has learned that sound/music is not only a language but healing Love energy. "Following the Bouncing Ball" of Life, Twinfeathers has woven through multiple "modalities" and has landed on helping others explore and discover the awesome healing power of their own voice through playful activities! We return to our childlike Nature and re-discover Who and What we Truly are with sound! Let's Play!

ktwinfeathers@gmail.com | 520.784.4468





# SPRING ENERGY EVENT

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### SATURDAY - APRIL 2

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8:30 am	EarlyBirds: Wake-Up Dance & Motion - Helena Berggren
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9:15 am	<b>How To Start A Session To Ensure Success</b>
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**Gene Monterastelli** is a Brooklyn based tapping practitioner. In addition to working with individual clients and groups, he regularly writes and records about how to use tapping to move from self-sabotage to productive action. Creator of TappingQ&A Podcast and Platform.

347.853.1878 | [support@tappingqanda.com](mailto:support@tappingqanda.com) | [tappingqanda.com](http://tappingqanda.com)

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10:00 am	<b>After Knowledge... Wisdom</b>
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The Human Wisdom Project - transform your life. How can wisdom, which comes from a deeper self-understanding help us transform our own lives, and make the world a better place? What is the Human Wisdom Project -and what is its vision to make the world a better place?



**Manoj Krishna** was a spine surgeon before leaving to write the book Understanding Me, Understanding You, and launch the Human Wisdom Project & the HumanWisodm App.

[www.humanwisdom.me](http://www.humanwisdom.me) | [@humanwisdom.me](https://www.instagram.com/humanwisdom.me) | +44.794.195.3096  
[Zanoj@humanwisdom.me](mailto:Zanoj@humanwisdom.me) | Facebook: Human Wisdom Project

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11:00 am	<b>AfterCare</b> (with Jondi Whitis)
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**Jenn DeLorenzo** has been a practicing Psychotherapist for 25 years. Over the past 12 years, Jenn began practicing Tai Chi and Qi Gong, TFT and EFT Tapping to improve her health. These practices quickly migrated into her work with clients, so they too could use the techniques and strategies to clear out old and newer traumas, in addition to simply living with more peace in their daily lives.

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## April 1-3, 2022 - 10th Anniversary

**SATURDAY - APRIL 2**



More recently, Jenn became a Brainspotting Practitioner and Consultant, adding another therapeutic tool to support her clients in the processing of trauma. In addition, Jenn will be completing a certification in Havening in March of 2022. Jenn takes great passion in holding the space for her clients to become agents of change in their own lives. Jenn currently works with individuals, and groups bringing an integration of EFT Tapping, Brainspotting, Qi Gong, breath work and meditation for whole body healing.

[www.jennadelorenzo.com](http://www.jennadelorenzo.com) | @JenniferDeLorenzoCounseling  
[Jenna@jennadelorenzo.com](mailto:Jenna@jennadelorenzo.com) | 860.918.2613

11:30 am

### **After the Masks Fall: Who Are We Now?**

People wear masks when they feel unsafe, and for nearly two years, many of us unquestionably felt this way. But the cloth masks we wore were layered on top of the psychological masks we had put on, out of fear, well before Covid. AFTER this period of marked isolation and pulling inward, we now have an opportunity to find deeper meaning in how we open ourselves to life, how we engage in our relationships, in our communities and at work. We can examine how tight-fitting, everyday masks such as busyness, self-doubt, rescuing and people-pleasing keep us socially and emotionally distant from others. We have more to fear from our facades than from our vulnerabilities. Aim: to offer a space within which to peek beneath our masks and to meet this moment of transformative possibility with greater authenticity and gratification.



**Catherine Duca's** passion is helping people find love - the kind they most need to give to give to themselves. She does this through her practice in psychotherapy which incorporates a range of healing modalities, including EFT. She specializes in Self-Esteem and her book, *Unmasked: Discover the Hidden Power of Your True Self* has been widely used by mental health professionals, educators, and anyone looking to live a richer, more authentic and undefended life. Her motivational style has been described as one part spin instructor, one part empathic friend and one part insightful guide. Disclaimer: Her work may leave traces of hopefulness, possibility and in some cases, joy.

[CatherineDuca.com](http://CatherineDuca.com) | @catherine.duca  
[catherine@catherineduca.com](mailto:catherine@catherineduca.com) | 201 952 1543

[SpringEnergyEvent.com](http://SpringEnergyEvent.com)





# SPRING ENERGY EVENT

## April 1-3, 2022 - 10th Anniversary

### SATURDAY - APRIL 2

1:00 pm

#### After Life No Longer Looks The Same



**Dr. Lori Eanes** has been practicing and promoting the benefits of a healthy lifestyle for over 20 years. Her current practice integrates her training and certifications in health coaching. She shows you how to create a plan for great health and build the kind of relationship you want with your healthcare provider. She is an advisory board member of Body & Brain Yoga, an instructor with the Food For Life Program, and an Emotional Freedom Technique (Tapping) practitioner. Her diversity and knowledge of both conventional and complementary medicine positions her perfectly for those interested in a lifestyle approach to their health care.

[www.drlorieanes.com](http://www.drlorieanes.com)

1:45 pm

#### Teenagers & Therapy: After The Pandemic

What has changed for our teenagers, AFTER the pandemic? What is the impact, and how might we really be of help and support for all that? Can we tell teenagers that it is not safe to go outside their homes for over a year, to not go to school, to not see or touch their friends, to not gather even in small groups, to watch daily the TV telling us how this virus is killing people, and in particular our grandparents? How can we now tell them, and work with their natural skepticism, that it is now okay to go out and do these things again? How can we best address the impact of chronic uncertainty? What is the impact of all of this on teenagers and how might we try to help?



**George Brooks** I am a counsellor trainer & clinical supervisor with over forty years experience working in secondary schools in the North West of England with teenagers and teaching staff. I run a business that employs counsellors in schools and I supervise counsellors, psychologists and EFT practitioners in their work in education & private practice. In addition I am an EFTi accredited trainer and a lecturer on the Doctorate in Educational & Child Psychology at Manchester University.

[www.brookscounselling.co.uk](http://www.brookscounselling.co.uk) | [brookscounselling@gmail.com](mailto:brookscounselling@gmail.com)





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## April 1-3, 2022 - 10th Anniversary

### SATURDAY - APRIL 2

2:45 pm

#### **The Peace Before Next**

What do you do when you have gotten to the point in your life when it is "all good"?! Do you ever get there? Are you enjoying the journey? Let's learn how to find peace in each step and move along; forward, upward, and to the next!



**Helena Berggren** 8x Swedish Natl. Championship Dancer & Choreographer, Author, Certified Yoga Instructor, EFT Practitioner, Wellness - Fitness - Weight Loss Expert and Creator of The HELSA Method.

HelenaSweden.com | @HelenaOfSweden | Helena@HelenaSweden.com  
HELSAFitness.com | @HELSAFitness | HELSA@HELSAFitness.com  
347.460.0607 - Get a FREE month of HELSA! (text or email)

2:45 pm

#### **After Service: SERVICE**

**Lee Medlin**



4:00 pm

#### **After All That Research**

**David Feinstein**







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## April 1-3, 2022 - 10th Anniversary

### SATURDAY - APRIL 2

2:45 pm

#### **The Human-Animal Connection & Trust Technique**

The Healing Power of Presence between people and animals transforms each other. This inspiring introduction will provide insight into five principles of the Trust Technique:

- How humans and animals share emotions
- How Presence and Peace are powerful tools of transformation
- How respecting the wisdom of animals changes us both
- How animals communicate beyond words
- How all behavior is an attempt to feel safe and connected

The Trust Technique builds on energy healing and both touch and non-touch methods. These methods see animals and humans as partners in healing. We work at the animals' pace, with a sense of perfect space and create a wave-like rhythm of energy exchange.



**Genie Joseph PhD.** is the Executive Director of The Human-Animal Connection and a Certified Trust Technique Practitioner. We offer free therapy dog visits to veterans, Active Duty, Health Care Providers, and anyone experiencing stress in the field of service to others. We present educational classes and zoom sessions to help people deepen their connection to animals, increase empathy, and facilitate cross-species communication. Canines Teach Compassion is the HAC High School program that combines social skills and resilience training with animal interaction. Genie is an Emmy Award-winning filmmaker and creator of The Act Resilient Method and author of the book by that same name. Act Resilient, which works with Therapy Animals, has been presented to over 4,000 Service Members and their families, and for this work, she was given President Obama's Volunteer Service Award.

TheHumanAnimalConnection.org  
GenieJoseph9@gmail.com | 520.900.7955

7:00 pm

#### **After Thinking... It's The Feelings You Follow To Profit! - Jackie**

**Simek** What happens after you've launched your business, followed the masculine business tactics and are riding the rollercoaster of entrepreneurship? Jackie invites you into a new paradigm of business - where feelings lead the way. Jackie will cover how to work with your own feelings to be a better facilitator of your work, create magnetic messaging, secure sales and activate receiving from the quantum field. Everything is already within you - Jackie's presentation is an opportunity to illuminate your unique way forward.



# SPRING ENERGY EVENT

## April 1-3, 2022 - 10th Anniversary

### SATURDAY - APRIL 2



**Jackie Simek;** I'm a Feelings Alchemist to women in business. I hold women through the journey that allows them to have full approval for themselves, harness the wisdom of their emotions and get turned on by the visionary blueprint they are co-creating with Spirit. I marry healing, feeling, quantum expansion and 18 years of experience building businesses, in corporate and with my private clients, who consistently grow from ~\$40k - \$200k+ in revenue. You are here to awaken the world with your whole truth, fullest expression and be well supported and compensated. I'm here to walk with you along the way.

jackiesimek.com | @jackiesimek |  
jackie@jackiesimek.com | 862.703.0817

7:45 pm

#### **Finding YourSELF In This New World**

AFTER the body sends us signals..How do we use them? Interpret them?



**Dr. Anne Jensen** is a forward-thinking healer who earned her PhD in Evidence-based Health Care from the Oxford University. The focus of her research was on the accuracy of muscle response testing (MRT), and her results represent a rigorous proof of concept, confirming the validity of MRT. Her background is in psychology, natural health care, and sports performance, and she has many peer-reviewed publications in these fields. In addition, Dr Jensen is the developer of HeartSpeak, a mindbody therapy, which she teaches worldwide. She is also a healer and maintains a private practice - consulting in stress reduction and emotional wellbeing.

www.HeartSpeak.com | dranne@HeartSpeak.com

8:30 pm

World Peace Meditation & Vespers - Harry Pickens



# SPRING ENERGY EVENT

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## SUNDAY - APRIL 3

8:30 am EarlyBirds: Radiant Movement - Valerie Rice

9:15 am **After the Notes: MUSIC**

Miracles can happen once we have learned the basics of our modality, the 'rules' that we've been taught by others... like the musician learning the notes of a song perfectly... After that learning is complete there is a brand new opportunity to become an instrument for the invisible essence of the music to flow through us.



**Harry Pickens** is an award-winning musician, educator and life transformation coach, with credentials in multiple energy psychology and psychosensory modalities, including EFT, ProEFT, Spiritual Technology, and Havening Techniques®. Harry's greatest passion is helping people to awaken the energies of Universal Love so that they can connect deeply with their inner wisdom, heal the pain of the past, and reclaim their power to create a life of joy, freedom, meaning and miracles. Harry is currently engaged in research exploring applications of music and sound to support emotional healing and spiritual transformation.

[pianoserenity.com](http://pianoserenity.com) | [hpickens@bellsouth.net](mailto:hpickens@bellsouth.net) | 502.715.2503

10:00 am **Through The Looking Glass**

Once upon a time Gwyneth studied Physics at Cambridge and worked all over the world as an oil exploration geophysicist. Twenty years ago a series of mysterious coincidences led her to EFT and becoming one of the original EFT Masters. Many will know of her innovative work as tapping therapist and trainer. Gwyneth brings her journey full circle and explains how she understands the relationship between the physical and the spiritual and what is happening when we tap.



**Gwyneth Moss** loves to guide people to that Ah-ha moment that so often comes with tapping. Like singing and dancing EFT is best done together so Gwyneth has sought to create community. First with the original EFT Gathering that has run since 2009 and now with the EFT Guild, a friendly online club for sharing, learning and support. Gwyneth is known for innovative techniques such as EFT Imagineering, the Surrogate Tapping 3:2:1 protocol and Self Compassion for the Inner Child.

[efthelps.com](http://efthelps.com) | [hello@efthelps.com](mailto:hello@efthelps.com) | [eftguild.org](http://eftguild.org)



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SUNDAY - APRIL 3

11:00 am

## After Uncertainty; A Return To Wonder



**Jondi Whitis** is the founder of SPRING ENERGY EVENT and well-known for her commitment to practical excellence in EFT. Master Trainer and specializes in gentle techniques and powerful results. She empowers clients, students and mentees with the highest standards of EFT, deep presence and compassionate intuition.

Jondi@eft4results.com | JondiWhitis.com | SpringEnergyEvent.com

11:45 am

## The Missing Peace in Manifesting

Manifesting, After All: With many years of metaphysical practices having been watered down for modern audiences, a very important piece (peace) of the formula has been lost. The Power of Emotions! You can only manifest what you feel safe enough to do, be, or have. In this presentation, Kris will speak on her Emotional Alchemy myths & principles, then present a guide for truly creating more of your desires.



**Kris Ferraro** is an International Energy Coach, Author, Spiritual Practitioner, & speaker. Kris frequently speaks to diverse audiences, spreading a message of practical empowerment through faith, balanced energy and spiritual wisdom. Working one on one with people seeking to move from surviving to thriving, she specializes in anxiety, grief, creative blocks, & development trauma. Her first book, "Energy Healing: Simple and Effective Practice to Become Your Own Healer", #1 Amazon bestseller, introduces new audiences to energy psychology. Her latest, "Manifesting: The Practical, Simple Guide to Creating the Life You Want" debuted in 2021. Both are from St. Martin's Press. "Manifesting" distills ten years of her best metaphysical practices to instruct readers in creating lives that sing!

krisferraro.com | @kriseft | me@krisferraro.com  
Facebook: befreetoflourish | 973.568.0567

12:45 pm

## After Years In The Field

**Gunilla Hamne & Ulf Sandstom**



SpringEnergyEvent.com





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*April 1-3, 2022 - 10th Anniversary*

## SUNDAY - APRIL 3

1:15 pm

**Celebrating Life: Liz Hart, Liz Garthwaite, Dr. Bill Tiller**



3:00 pm

**After You've Gone...** what am I left with?

What emotions, beliefs, anger, grief for what we didn't have and for what we've lost? How many lives have we lived with this person? What did we intend to do together this time? What ancestral baggage did we decide to carry, so we could play those roles? What old contracts are we still carrying and can we complete them now, after they've gone? Yes we can! We can tap to clear the emotions we're carrying, The guilt, the anger, the grief for what we didn't have, or what we've lost, we can complete contracts, clear old filters, so we can see us both differently. We can recognize we all played the parts we came to play, perfectly, if sometimes painfully and reconnect to compassion and love.



**Jacqui Crooks** is one of the pioneers in Energy Psychology. She is an International speaker and trainer, an EFT Founding Master and is one of the authors of EFT and Beyond and Tapping into Ancestral Healing. Her background in NLP and Hypnosis helped her to create her unique way of working with EFT which allows deep level change quickly and easily without trauma.

[jacquicrooks.com](http://jacquicrooks.com) | [@jacquicrooks44](https://twitter.com/jacquicrooks44) | [jacqui@jacquicrooks.com](mailto:jacqui@jacquicrooks.com)

3:45 pm

**Let's Dance: Celebrating our 10 years with Gratitude & The Grand Raffle; End Day 3 and SEE 2022**

[SpringEnergyEvent.com](http://SpringEnergyEvent.com)

