Eden Method Fundamentals Training
San Antonio, TX

What do You Want in Your Life?

- Good Health?
- Laughter?
- Peace
- A significant way to Give Back?

We can do that… and more

Valerie@VitaLifeCenter.com

Restore Your Energies

Four Extended Weekends Over One Year!
Small Classes with Individual Attention!
Learn about the body's energy systems and techniques to keep energies balanced and flowing for optimal health. Those who wish to become Certified may continue to a second year of study. If you wish to stop here will have prolific of techniques to improve your health and that of family and friends!

Registation & Information:
https://edenmethod.com/l1-2022-23-cindy-capitani-and-valerie-rice-in-san-antonio-tx/

DATES:
Class 1: May 19 - 22, 2022
Class 2: August 4 - 7, 2022
Class 3: October 20 - 23, 2022
Class 4: January 12 - 15, 2023

TIMES:
Thursday: 10 a.m. - 6:30 p.m.
Friday: 9 a.m. - 6 p.m.
Saturday: 9 a.m. - 6 p.m.
Sunday: 9 a.m. - 4 p.m.

What Eden Method can do for YOU!

- Diminish Pain
- Destress
- Heal more Quickly
- Live Happier
- Support Immune System
- Think Clearly
- Sharpen Memory
- Relieve Allergies
- Add to Your Skill Set
- And so much more!!!

Instructors
Cindy Capitani & Dr. Valerie Rice are Eden Method (Eden Energy Medicine, EM) Advanced Practitioner & Instructors. Each has their own private practice in EM. They have taught together previously and their water and fire personalities bring flow and fun to the class. They are dedicated to the profession and love to teach and convey this marvelous knowledge to students.

Raising YOUR Vibration, one Class at a Time!