



## Want to hone your Intuitive / Psychic skills?

### Psychic Development Circle with Energy Medicine (PDC-EM) Level I

This exclusive 6-week class of like-minded people will practice and further develop their intuitive skills, including:

- opening ourselves to connection
- guided meditations & practices for protection
- discovering how we each receive messages
- identifying who you are communicating with
- readings with (and for) one another
- identifying your symbols
- psychometrics
- intuitive healing.....and so much more!

#### Classes

- Once a week via Zoom
- Special Price: \$150
- Six (6) classes (+ bonus)
- Class size limited to 7 to ensure personal attention
- Tuesdays from 1-3 PM, Central Time
- Beginning April 19, 2022
- Register at **VitaLifeCenter.com**

#### What will we do?

This is a small group of like-minded people who wish to practice, and further develop, their skills. Each week the group will learn and practice different techniques to protect and connect with their guides. As an attendee, you will discover how you best receive messages (which "Clair" are you?), identify who you are communicating with (guides, angels, etc.); detect your codes & ciphers; and complete practical exercises with one another.

#### Why should you take this from me?

While I have had psychic experiences all my life, I did not focus on them and had a long career in health care, ergonomics, and research within the U.S. Army. For the last ten years I have conducted research on mindfulness meditation; studied, practiced, and teach Eden Energy Medicine (Eden Method, EM); and practice Emotional Freedom Technique (EFT, tapping). Each of these has increased my psychic abilities. Over the last few years, I've also taken psychic development classes and attended psychic development circles. I am not a life-long working psychic. I'm a newbie too. I'm very excited about my new abilities and growth and want to share it with you. So, the cost is low, my enthusiasm is high, and I believe those who are led to grow with this group will find me. I'm excited to meet those chosen ones!



#### The Teacher:

Valerie J. Berg Rice (Vita), PhD, MS, MHA, COL (R) is a Human Factors Engineer, Health Care Administrator, and Occupational Therapist, who now dedicates her time to Complementary Health Care. Dr. Rice has her own private practice giving individual sessions, teaching, and speaking professionally. She has published four books, been a key-note speaker in the U.S. and Korea, and loves her work and the people she works with.

**Testimonial: "I loved this class. Please let me know about your sleep class and anything else you are offering. I'll take it all if I can!"**